



Sarah Macpherson

- Consultant
- Coach
- Facilitator



Described by her clients as:

- **Innovative** Her ideas are fuelled by her thirst for learning about the latest techniques and developments in business consulting
- **Insightful** She has an in-depth and analytical approach to getting to the bottom of issues, providing insightful contributions
- **Meticulous** A quality-driven, yet pragmatic and commercial approach to ensuring everything she does makes a real difference
- **Approachable** A natural good humour, down to earth approach, warmth and empathy, making her a pleasure to work with

And the small print:

Sarah gained her BA in Psychology and MSc in Occupational Psychology at Sheffield University, and her Post-graduate Diplomas in HR Management and Stress Management from London. She became a Chartered Occupational Psychologist (BPS) in 1996 and Chartered HR Practitioner (CIPD) in 1992. She is also a qualified NLP practitioner and Topgrading Trainer. Sarah is trained on a full range of ability and personality assessment tools including: OPQ, 16PF, Wave, Hogan (HPI, MVPI & HDS) Talent-Q, and MBTI.

Sarah has over 20 years' work experience as an internal and external consultant working with a range of client sectors, both in the UK and internationally. Although she enjoys leading a variety of projects, she has specific expertise in leadership assessment and development, resilience & stress management, one-to-one coaching and team building initiatives.